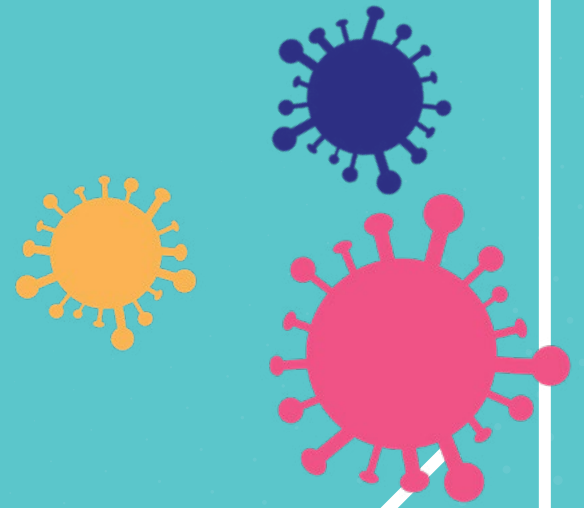


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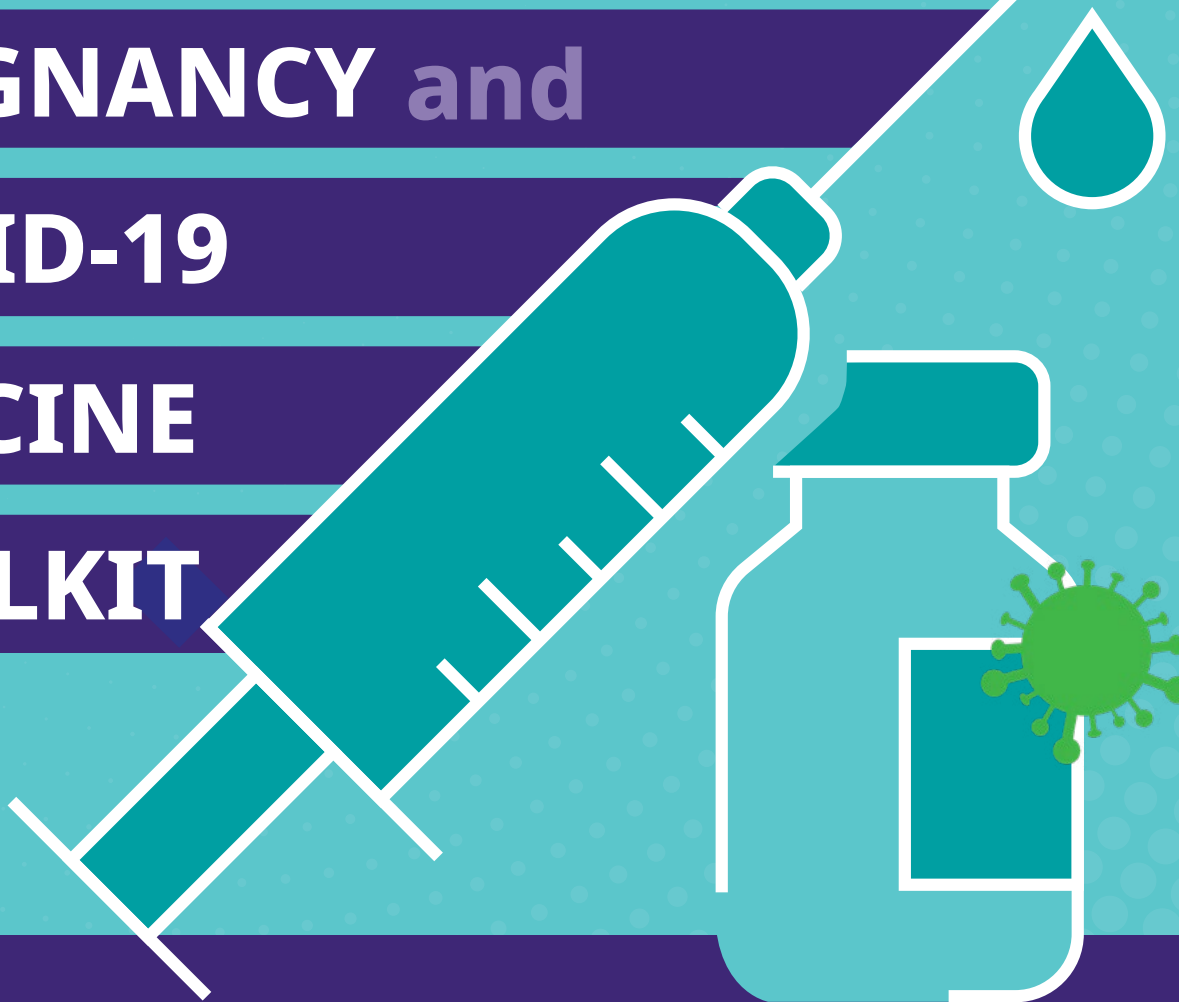


PREGNANCY and

COVID-19

VACCINE

TOOLKIT



DOH 825-050 October 2023

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.

What's Inside

Questions? Visit: www.CovidVaccineWA.org

Pregnancy and the COVID-19 Vaccine – General Information

While COVID-19 illness is as likely to occur in both pregnant people and the general public, pregnant and recently post-partum people are more likely to get severely ill with COVID-19 compared to non-pregnant people. Getting a COVID-19 vaccine during pregnancy can protect from severe illness from COVID-19. Pregnant people who get COVID-19:



- Are at an increased risk for severe illness or death when compared to non-pregnant people. People who were recently pregnant also have an increased risk.
- Have an increased risk of severe complications like preterm birth or stillbirth.
- Are more likely to need advanced life support and a breathing tube during pregnancy.

COVID-19 vaccines are safe and recommended during pregnancy.

Medical experts in pregnancy and birth recommend the COVID-19 vaccine for people who are pregnant, lactating, or planning to get pregnant. There is no evidence that the vaccine causes any problems related to pregnancy, development of the baby, birth, or fertility. In fact, some studies show that a vaccinated parent can pass protective antibodies against COVID-19 along to their baby through pregnancy and lactation.

Pregnancy and the COVID-19 Vaccine – General Information (CONTINUED)

A [study](#) in February of 2022 found that:

- At the time of delivery, mothers who were vaccinated with mRNA vaccines while pregnant had levels of protective antibodies three times higher than mothers who got sick with COVID-19 while pregnant.
- Serum samples were collected from 28 babies born to vaccinated mothers. Sixteen of those babies (57%) still had antibodies against COVID-19 in their systems when they were 6 months old.
- Serum samples were also collected from 12 babies born to mothers infected with SARS-CoV-2 during pregnancy. Only one of those babies (8%) still had antibodies at age 6 months. ([NIH](#))

Another [study](#) published in August of 2023 measured antibody responses to COVID-19 mRNA vaccines in pregnant participants previous years and antibody levels in cord blood. This study reported the effects of primary series vs booster vaccination in pregnant people and their newborns.

People who received a previous years booster dose during pregnancy were found to have a substantial increase in antibodies in both parent and newborn at time of delivery. This higher level of antibodies is shown to reduce risk of hospitalizations in newborns in the first few months of life before they are eligible for vaccination.

Vaccination against COVID-19 during pregnancy is safe, effective, and recommended. Vaccination during pregnancy may help protect the baby from COVID-19 illness prior to their vaccine eligibility at 6 months. A recent study conducted by DOH found that most pregnant people, even if hesitant about the vaccine, will get vaccinated against COVID-19 if their medical provider recommends it. It is important to recommend the COVID-19 vaccine to people who are pregnant, planning to become pregnant, or recently postpartum. This toolkit will provide resources and premade materials that will make conversations about the COVID-19 vaccine before, during, and after pregnancy easier and more effective.

Some FAQs adapted from [One Vax, Two Lives](#), the [CDC](#), and other existing DOH materials.

Questions? Visit: www.CovidVaccineWA.org

Pregnancy and the COVID-19 Vaccine FAQs

Q. What should I know if I'm pregnant?

- A.** Pregnant people may be at greater risk for severe illness from COVID-19 and should do what they can to stay healthy and avoid getting COVID-19.

Unvaccinated pregnant people who get COVID-19 are at increased risk of severe complications like preterm birth or stillbirth. In addition, people who get COVID-19 while pregnant are more likely to need advanced life support and a breathing tube.

Q. Can I get the COVID-19 vaccine if I'm pregnant, lactating or planning to become pregnant?

- A.** Yes. The [Centers for Disease Control and Prevention \(CDC\)](#), [American College of Obstetricians and Gynecologists \(ACOG\)](#), and [Society for Maternal-Fetal Medicine \(SMFM\)](#) recommend the COVID-19 vaccine for people who are pregnant, lactating, or planning to get pregnant.

Q. Is the COVID-19 vaccine safe for people who are pregnant?

- A.** Yes, you can get vaccinated if you are pregnant, and the [American College of Obstetricians and Gynecologists \(ACOG\)](#) recommends the vaccine for pregnant people. [There is no evidence](#) that the COVID-19 vaccine causes any problems with pregnancy, the development of your baby, birth, or fertility. Many studies have shown that the COVID-19 vaccines are safe and effective during pregnancy.

See [COVID-19 Vaccines and Pregnancy](#) for more information.

Pregnancy and the COVID-19 Vaccine FAQs (CONTINUED)

Q. Is the COVID-19 vaccine safe for people who are breastfeeding?

A. Yes, you can get vaccinated if you are breastfeeding. You do not need to stop breastfeeding if you want to get vaccinated. Read more about how the [COVID-19 vaccine protects mothers and their newborns](#).

Q. How does COVID-19 vaccination protect my baby if I am breastfeeding?

A. Breast milk is known to protect infants against numerous infections by passing protective antibodies from the parent to the infant. Many studies have shown that breast milk from individuals vaccinated against flu and other diseases while pregnant contains protective antibodies that can be passed to the infant. Recent studies have shown that there may be protective antibodies against COVID-19 transferred in breast milk following COVID-19 vaccination.

Q. Can the COVID-19 vaccine cause birth defects?

A. No. It is unlikely that the COVID-19 vaccine causes birth defects. Studies have found that birth defect rates among people who received the COVID-19 vaccine are around/ below the average rates for birth defects in the general population. This means that the COVID-19 vaccine is not currently linked to cause birth defects.

Q. Can the COVID-19 vaccine cause a miscarriage or stillbirth?

A. No. Rates of miscarriage after COVID-19 vaccination are among the standard rate for miscarriage or stillbirth among the general population. There is no evidence to suggest that the COVID-19 vaccine causes miscarriage or still birth at any rate higher than the expected average.

Pregnancy and the COVID-19 Vaccine

FAQs (CONTINUED)

Q. What is the best time in pregnancy to get a COVID-19 vaccine?

A. Any time, and the sooner the better! It is safe for you and your baby to receive the COVID-19 vaccine at any stage in pregnancy. Given the risks of COVID-19 in pregnancy and complications for your health and your baby's health, you should receive a COVID-19 dose as soon as you are eligible in order to have the best protection for both you and your baby. It is safe to get other recommended vaccines, like flu, at the same time as a COVID-19 vaccine.

Q. What are the long-term effects on the baby when a person gets a COVID-19 Vaccine during pregnancy?

A. Studies have shown that there are no safety concerns or long-term health effects for babies born to people who were vaccinated against COVID-19 during pregnancy. [Studies](#) have also shown COVID-19 antibodies from vaccination are transferred through the placenta. These antibodies can help protect the baby from severe COVID-19 illness and/or hospitalizations during the first 6 months of life before they are eligible for vaccination.

Q. How does COVID-19 Illness impact a newborn?

A. COVID-19 illness can be very serious in infants less than 6 months old. Infants less than 6 months old have similar COVID-19-associated hospitalization rates to adults aged 65–74 years old. Staying up to date with COVID-19 vaccines and receiving a COVID-19 dose if eligible during pregnancy can help protect the baby until they are old enough to be vaccinated against COVID-19.

Q. What if I am vaccinated and get a COVID-19 infection in pregnancy?

A. Your disease is likely to be very mild and, in some cases, people have no symptoms at all. This means that your vaccine worked – it prevented a severe disease that could have caused a bad outcome in pregnancy or death.

Q. I had COVID-19. Do I still need the vaccine?

A. Yes. Compared to natural infection, the vaccine triggers the body to make powerful protective antibodies, which are successfully transferred to fetuses during pregnancy. Many people have become sick with COVID-19 more than once, which is likely the case due to the weaker immune response that comes from natural infections.

Pregnancy and the COVID-19 Vaccine

FAQs (CONTINUED)

Q. What do we know about the new COVID-19 virus variants and pregnancy outcomes?

A. Every few months it seems that we are confronted with a new COVID-19 virus variant. In the case of the Delta variant, pregnant people acquiring this COVID-19 variant were reported to have a 2-4 times higher risk of severe disease, preterm birth and/or needing to be placed on a ventilator. However, [a study](#) found that pregnant people may have had lower risks of bad health outcomes, including critical care admission, preterm birth, and stillbirth, with the Omicron variant than with the Delta variant. Which new COVID-19 variants will cause infections and severe disease in pregnancy will take time to figure out. **As pregnant individuals are one of the highest risk groups for severe COVID-19 disease and death**, it is extremely important to stay up to date on COVID-19 vaccination to help protect you and your baby from any potential harm new variants may cause.

Q. Am I eligible for and should I get an updated 2023-2024 dose?

A. Yes. The updated 2023-2024 COVID-19 vaccine is recommended in pregnancy. If you are 2 months out from your last dose COVID-19 vaccine, or have never received a previous COVID-19 vaccine, you are eligible for an updated 2023-2024 dose. You can receive your updated 2023-2024 COVID-19 vaccine at any stage in pregnancy. An updated 2023-2024 COVID-19 vaccine dose will help to continue protecting you and your baby against COVID-19. Receiving an updated 2023-2024 COVID-19 vaccine when you are eligible is extremely important in protecting you and your baby from severe disease.

Q. What are my risks of COVID-19 in pregnancy or soon after delivery?

A. Pregnant or recently pregnant individuals acquiring COVID-19 have a much higher risks of dying, being hospitalized, needing a breathing tube, and having a preterm birth or stillbirth. Being overweight at the start of a pregnancy or having diabetes further increases these risks. Overall, pregnant individuals with COVID-19 are **22 times more likely to die** in pregnancy compared to uninfected pregnant people.

Unvaccinated pregnant individuals who become ill with COVID-19 are at a substantially higher risk for preterm birth. [One study](#) found that unvaccinated pregnant individuals with COVID-19 had a 59% higher rate of preterm birth compared to those without COVID-19. Preterm birth is harmful for your baby and can lead to serious complications including developmental and physical disabilities, long NICU stays, and even fetal death.

Pregnancy and the COVID-19 Vaccine

FAQs (CONTINUED)

Q. My community has been subject to racism in the health care system. How can I trust the medical establishment's recommendation to get the COVID-19 vaccine considering historically unethical practices such as experimentation on Black, Latinx, Indigenous and Asian American communities in the US?

A. Racism in medicine is a grave injustice and failure to support the health of the communities we are meant to serve. We recognize your very valid concerns about the COVID-19 vaccine given your lived experiences with racism with the medical establishment and healthcare providers. We are worried about the disproportionately high rates of COVID-19, associated suffering and death amongst communities of color. We hope that by increasing vaccination rates, especially amongst pregnant individuals, this will protect the health of you and your babies. We hope that you will connect with trusted family members, community leaders and healthcare providers to learn more about their experiences with the COVID-19 vaccine. We highly recommend getting vaccinated against COVID-19 in pregnancy to protect the health of yourself and your baby.

Q. There is so much conflicting information out there about vaccine safety. How can I tell what's accurate?

A. There has been so much conflicting information online, especially in the media. there are many techniques to identifying misinformation. First, identify the source of the information. Is it reputable? Sources like the CDC, American college of Gynecology, or the Society for Maternal and Fetal Medicine are scientifically credible organizations. If it's difficult to assess, always feel free to ask your OB provider. They are on your care team and happy to help you find accurate and trusted information about the COVID-19 vaccine. Second, find coverage on the topic from multiple sources. What do multiple experts, outlets, and organizations say about the topic? If you are unable to find the topic on multiple sources, it is likely that it is not true.

For more information on COVID-19 misinformation identification, [watch this video](#) or visit the WA DOH Youtube channel, [youtube.com/user/WADepartmentofHealth](https://www.youtube.com/user/WADepartmentofHealth)

Pregnancy and the COVID-19 Vaccine



Provider/Partner Discussion Guide: Building COVID-19 Vaccine Confidence Before, During and After Pregnancy

Open the Discussion

APPROACH Start the conversation as early as possible with your patient.
ASK "Have you thought about whether or not you will get an updated 2023-2024 COVID-19 vaccine?"

INTERNAL REMINDERS

- ✓ Do not assume vaccine acceptance from your patient.
- ✓ Encourage sharing what they have been hearing, positive and negative.
- ✓ People often remember the earliest information they hear, so it is important to have this discussion early.

Unsure

Patient is reluctant to make a firm decision

APPROACH Acknowledge and address concerns; don't provide reassurance prematurely. (See page 2 for common concerns and FAQs.)

SAY "Sounds like you're feeling unsure. Tell me more about what you've been hearing about the vaccine."
 "I also wondered/heard about that. Here's what I learned after looking into it."

INTERNAL REMINDERS

- ✓ Be empathetic and thank patient for sharing concerns.
- ✓ Link vaccine acceptance to patient's hopes and goals.
- ✓ Cite your trustworthy sources of information. To facilitate trust, acknowledge uncertainty where it exists.
- ✓ Allow the patient to bring family or other community members into the decision-making process, if requested.
- ✓ Reinforce your personal decision to get vaccinated.

Opposed

Patient declines vaccine

APPROACH Acknowledge and ask permission to learn more. (See page 2 for common concerns and FAQs.)

ASK "OK, I'd like to learn more about what is most concerning to you. Would you be willing to share your concerns about the vaccine?"

Consider your patient's unique viewpoint. They may have concerns due to personal experiences in the health care system or mistrust because of the history of abuse in the medical system due to racism and other forms of discrimination. They could also be concerned about safety because of the speed of the trials, their age or pregnancy status, disinformation, or mistrust of the government.

INTERNAL REMINDERS

- ✓ Your influence as a messenger matters, you are viewed as a trusted source of information. Ask permission to share your recommendation.
- ✓ If you had similar questions or concerns, share your decision-making thought process.
- ✓ To facilitate trust, acknowledge uncertainty where it exists.
- ✓ Reinforce your personal decision to get vaccinated.
- ✓ Link vaccine acceptance to patient's hopes and goals.

FOLLOW-UP After addressing concerns, provide strong recommendation for vaccination and ask again about willingness to get vaccinated.



Yes

Patient wants vaccination

ENCOURAGE AN ACTION STEP

- ✓ Vaccinate same day, or schedule vaccine appointment
- ✓ Ask them to read information you provide them
- ✓ Ask them to share the information they learned in making the same decision, if they feel comfortable



Inclined

Patient is interested in vaccination

APPROACH Affirm and recommend next step.
SAY "I'm glad we had this discussion and I appreciate that you shared your concerns with me today. Making an informed decision is important."



Refusing

Patient is not interested in further discussion

APPROACH Advise and educate (alternative resources); provide opportunity to revisit discussion and offer additional resources from trusted sources.

SAY "This is definitely your decision. If you have any questions at all, I am here for you."

ASK "Would it be helpful for me to provide more information?"

PROVIDE INFORMATION

✓ One-sheet handout (variety of separate topics) addressing any concerns that

Common Concerns & Example Responses

They've experienced racism or faced another form of discrimination when receiving medical care.

"Your experience sounds frustrating and hurtful. I've heard from other patients about negative experiences they've had when getting medical care, and I realize that discrimination exists in health care. It upsets me that this is still happening."

After listening and further exploring the patient's concerns, consider: "The vaccine is strongly recommended, but completely voluntary. I only want to make sure that you get the protection/care you need."

They shared that they believe there is no point in getting vaccinated if they can still get infected.

"I understand. Although there is still a chance of COVID-19 infection after vaccination, the vaccines were designed to prevent severe illness, hospitalization, and death from COVID-19 and are still successful at doing so. If you do get sick after you're vaccinated, you will still have some benefit from the vaccine because you are more likely to only get a mild case instead of a serious case."

They're worried that pharmaceutical companies rushed the production of the vaccine for financial gain.

"The COVID-19 vaccine was developed quickly, but the clinical trials to examine the safety and efficacy were not rushed. Vaccine development and testing often takes years because there is a lot of bureaucratic and administrative hurdles that often take a long time. Due to the pressing public need, these administrative blocks were minimized without compromising the many months needed to conduct thorough testing."

They share concerns about politics or the government's involvement.

"You are right, it has gotten political. Would it be OK if I shared my medical perspective on this issue?" If granted permission: "I've looked at the results, and this vaccine does really protect people from COVID. I want you to have the benefit of it."

They expressed concern that they don't want to be a research experiment.

"I understand your hesitation, but vaccine developers didn't skip any testing steps following the appropriate safety measures including a rigorous three phase clinical trials process with very clear outcomes. The technology used for the COVID-19 vaccine has been studied for decades. There have been over 13 billion vaccine doses administered safely worldwide and there are very strong vaccine safety systems to catch any warning signs early."

Frequently Asked Questions & Example Responses

Can I get the COVID-19 vaccine if I'm pregnant, lactating or planning to become pregnant?

Yes, data show that COVID-19 vaccines are safe during pregnancy. The *Centers for Disease Control and Prevention (CDC)*, *American College of Obstetricians and Gynecologists (ACOG)*, and *Society for Maternal-Fetal Medicine (SMFM)* recommend the COVID-19 vaccine for people who are pregnant, lactating, or planning to get pregnant.

Is the vaccine safe for people who are pregnant?

Yes, you can get vaccinated if you are pregnant, and the *American College of Obstetricians and Gynecologists (ACOG)* recommends the vaccine for pregnant people. *There is no evidence* that the COVID-19 vaccine causes any problems with pregnancy, the development of your baby, birth, or fertility.

Why do I need to be vaccinated against COVID-19? Is COVID-19 really that bad for pregnant people?

It is very important to be vaccinated against COVID-19. Getting COVID-19 while pregnant can lead to more severe illness and increase your risk for needing hospitalization due to complications. COVID-19 can also impact your developing baby and increase your risk for preterm birth or stillbirth.

Can the COVID-19 vaccine cause birth defects?

No. It is unlikely that the COVID-19 vaccine causes birth defects. Studies have found that birth defect rates among people who received the COVID-19 vaccine are around/ below the average rates for birth defects in the general population. This means that the COVID-19 vaccine is not currently linked to cause birth defects.

Can the COVID-19 vaccine cause a miscarriage or stillbirth?

No. Rates of miscarriage after COVID-19 vaccination are among the standard rate for miscarriage or stillbirth among the general population. There is no evidence to suggest that the COVID-19 vaccine causes miscarriage or stillbirth at any rate higher than the expected average.

How does COVID-19 vaccination protect my baby if I am breastfeeding?

Breast milk is known to protect infants against numerous infections by passing protective antibodies from the parent

to the infant. Many studies have shown that breast milk from individuals vaccinated against flu and other diseases while pregnant contains protective antibodies that can be passed to the infant. Recent studies have shown that there may be protective antibodies against COVID-19 transferred in breast milk following COVID-19 vaccination.

What is the best time in pregnancy to get the vaccine?

Any time, and the sooner the better! It is safe for you and your baby to receive the COVID-19 vaccine at any stage in pregnancy. Given the risks of COVID-19 in pregnancy and complications for your health and your baby's health, the sooner you can get vaccinated, the more protected you both will be.

What if I am vaccinated and get a COVID-19 infection in pregnancy?

COVID-19 vaccination is effective at reducing the risk of getting very sick from COVID-19 during pregnancy. If you are to develop a COVID-19 infection, your disease is likely to be very mild and, in some cases, people have no symptoms at all. This means that your vaccine worked – it prevented a severe disease that could've caused a bad outcome in pregnancy or death.

There is so much conflicting information out there about vaccine safety. How can I tell what's accurate?

There has been so much conflicting information online, especially in the media. There are many techniques to identify misinformation. First, identify the source of the information. Is it reputable? Sources like the CDC, American College of Obstetricians and Gynecologists, or the Society for Maternal and Fetal Medicine are scientifically credible organizations. If it's difficult to assess, always feel free to ask your OB provider. They are on your care team and happy to help you find accurate and trusted information about the COVID-19 vaccine. Second, find coverage on the topic from multiple sources. What do multiple experts, outlets, and organizations say about the topic? If you are unable to find the topic on multiple sources, it is likely that it is not true.

For more information on COVID-19 misinformation identification, visit WA DOH youtube channel, youtube.com/user/WADepartmentofHealth

For other frequently asked questions, visit: www.doh.wa.gov/covidvaccine/faq

Some questions adapted from *One Vax, Two Lives* and other existing DOH Materials.



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September 2023

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Resources:
One Vax Two Lives
[COVID-19 Vaccines While Pregnant or Breastfeeding \(cdc.gov\)](https://www.cdc.gov/vaccines/pregnancy/)
[Vaccines During and After Pregnancy | CDC](https://www.cdc.gov/vaccines/pregnancy/)
Health Care Provider Discussion Guide: Building Confidence in COVID-19 mRNA Vaccines (wa.gov)

CLICK LINK BELOW TO DOWNLOAD (PDF)

[Building COVID-19 Vaccine Confidence Before, During, and After Pregnancy \(wa.gov\)](https://www.doh.wa.gov/covidvaccine/faq)

Pregnancy and the COVID-19 Vaccine

COVID-19 vaccines and reproductive health Frequently Asked Questions



It is normal to have concerns about how the COVID-19 vaccines might impact reproductive health. The CDC recommends COVID-19 vaccines for everyone 6 months and older, including those who are trying to get pregnant now, or who may become pregnant in the future. There is currently no evidence that any vaccines, including COVID-19 vaccines, cause fertility issues now or in the future.

Some readers may be sensitive to the topics covered in this document due to previous struggles with fertility, the historical trauma of racist treatment of people of color, or general disregarded health complaints of women/trans men and women/gender nonconforming people, within the medical field.

See below to learn answers to some common questions about the COVID-19 vaccine and reproductive health.

Q: Will my ability to have children be affected by the COVID-19 vaccine?

A: There is no evidence that any vaccine, including COVID-19 vaccines, affects fertility, regardless of sex/gender. The vaccines work with your body's immune system to fight the coronavirus and does not interfere with your reproductive organs. In clinical trials of COVID-19 vaccines, and in a large prospective study of couples trying to conceive, rates of becoming pregnant were the same for those receiving COVID-19 vaccines and those not receiving the vaccines. The [Centers for Disease Control and Prevention \(CDC\)](#), [American College of Obstetricians and Gynecologists \(ACOG\)](#), and [Society for Maternal-Fetal Medicine \(SMFM\)](#) recommend the COVID-19 vaccine for people who are pregnant, lactating, or planning to get pregnant.

Visit this link to hear from Dr. LaSalle on why COVID vaccination is recommended: [Fertility and COVID-19 Vaccines - YouTube](#)

Q: Will the vaccine change my menstrual cycle?

A: A portion of COVID-19 vaccinated individuals have reported changes in their menstrual cycle after getting vaccinated, such as longer-lasting periods, shorter intervals between periods or heavier bleeding than usual. [In a 2022 study](#), it was found that menstruating individuals who received a COVID-19 vaccine had a less than one-day increase in the length of their menstrual cycles around the time of their doses. A one-day variation is within the normal range of variation of menstrual cycles. Despite these potential temporary changes in the menstrual cycle, **there is no evidence that COVID-19 vaccines cause fertility problems**. A change in your cycle may change the timing of your ovulation. People who use natural family planning and other methods that rely on cycle tracking may find it more difficult to pinpoint ovulation and avoid/plan pregnancy. Talk with your provider to discuss your cycle and learn more regarding family planning.

Q: Can the COVID-19 vaccine affect birth control?

A: According to Planned Parenthood, there is no evidence that the COVID-19 vaccine makes birth control more or less effective. At this time, there are no reports from vaccinated individuals that their birth control stopped working after getting a vaccine. While reports of menstrual cycle changes are present, this does not affect how well a person's birth control works. This could create difficulty in tracking menstrual cycles and ovulation periods; people who use natural birth control, such as the fertility awareness method, may find it difficult to know when they are ovulating. There are tools that can help individuals track their ovulation. It is recommended to talk with your provider about your options and to learn more.

and/or cause impotence?

At any vaccines, including COVID-19 vaccines, cause those with male reproductive impotence at this time. A [recent small study of 45 healthy men](#) who received the vaccine showed no significant changes in sperm characteristics, like quantity and movement, before and after vaccination. At COVID-19 infection may be associated with a decline in fertility for men. Fever from any illness, and a common symptom of COVID-19, can decrease sperm production. Although fever can be a side effect of COVID-19, there is no evidence that fever after COVID-vaccination affects sperm production. If you have further concerns,

(In Vitro Fertilization) Treatments?

At the COVID-19 vaccine affects outcomes in people going through IVF treatments. COVID-19 mRNA vaccine on IVF success rates. One [study](#) found no significant difference in stimulation, egg quality, embryo development, or pregnancy outcomes compared to unvaccinated patients. COVID-19 vaccines have not been found to cause difficulty for those already struggling to conceive. Many vaccines are recommended prior to pregnancy, such as the flu, tetanus, and diphtheria vaccines. COVID-19 vaccines are recommended for anyone 6 months and older, including those trying to conceive.

cause miscarriage?

Before, during and after pregnancy. There is no evidence that getting the COVID-19 vaccine causes miscarriage. Higher rates of miscarriage have not been found in those vaccinated.

For many people, about 10 to 20 percent of pregnancies end in miscarriage. Some people experience miscarriage, but this is not related to the vaccine- miscarriages can occur naturally. In fact, people who develop severe COVID-19 infection early in pregnancy are at an increased risk of miscarriage. Vaccination is you, and your baby's, best protection against COVID-19.

Resources

- Centers for Disease Control and Prevention, "COVID-19 Vaccines for People Who Would Like to Have a Baby". 2022. Available online at: [COVID-19 Vaccines for People Who Would Like to Have a Baby | CDC](#)
- American College of Obstetricians and Gynecologists, "COVID-19 Vaccination Considerations for Obstetric-Gynecologic Care". 2022. Available online at: [COVID-19 Vaccination Considerations for Obstetric-Gynecologic Care | ACOG](#)
- World Health Organization, "Questions and Answers: COVID-19 vaccines and pregnancy." 2022. Available online at: [Questions and Answers: COVID-19 vaccines and pregnancy \(who.int\)](#)
- Mount Sinai, "Large Study Provides Reassurance that COVID-19 Vaccination Does Not Affect Fertility or Early Pregnancy." 2022. Available online at: [Large Study Provides Reassurance that COVID-19 Vaccination Does Not Affect Fertility or Early Pregnancy | Mount Sinai - New York](#)

Always consult with your trusted healthcare professional on personal medical decisions.



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[COVID-19 Vaccines Reproductive Health FAQ \(wa.gov\)](#)

Pregnancy and the COVID-19 Vaccine



FAST FACTS: THE COVID-19 VACCINES AND PREGNANCY

There is a lot of misinformation out there about COVID-19 Vaccines and pregnancy. Let's address some of the known facts!

The COVID-19 vaccines are safe before, during, and after pregnancy.

Vaccination during pregnancy is recommended by the American College of Obstetricians and Gynecologists (ACOG) and the Centers for Disease Control and Prevention (CDC) to provide protection against severe COVID-19 illness.

Pregnant people are at a high risk for severe illness and complications if they develop COVID-19.

Getting severely ill with COVID-19 during or after pregnancy may significantly increase risk for hospitalization requiring a ventilator, complications during pregnancy, preterm birth, or stillbirth.

There is no evidence to suggest the COVID-19 vaccines cause birth defects, miscarriages, preterm birth, still birth, or other complications.

However, COVID-19 illness has been known to cause these complications.

It is safe to get vaccinated if you are breastfeeding.

Breastmilk may transfer antibodies to your child to help protect them from COVID-19 infection until they are eligible for vaccination at 6 months old.

Resources:

[COVID-19 Vaccines While Pregnant or Breastfeeding \(cdc.gov\)](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/pregnancy.html) | <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/pregnancy.html>

[Pregnant and Recently Pregnant People | CDC](https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/pregnant-people.html) | <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/pregnant-people.html>

[The COVID-19 Vaccine and Pregnancy: What You Need to Know | Johns Hopkins Medicine](https://www.hopkinsmedicine.org/health/conditions-and-diseases/coronavirus/the-covid19-vaccine-and-pregnancy-what-you-need-to-know) | <https://www.hopkinsmedicine.org/health/conditions-and-diseases/coronavirus/the-covid19-vaccine-and-pregnancy-what-you-need-to-know>



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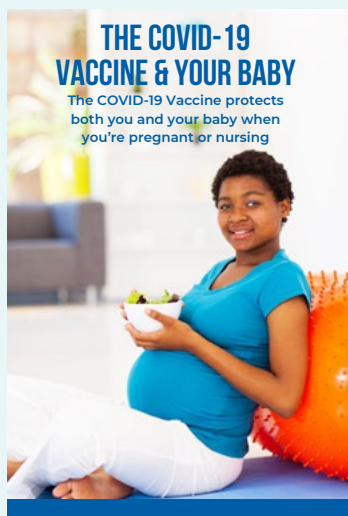
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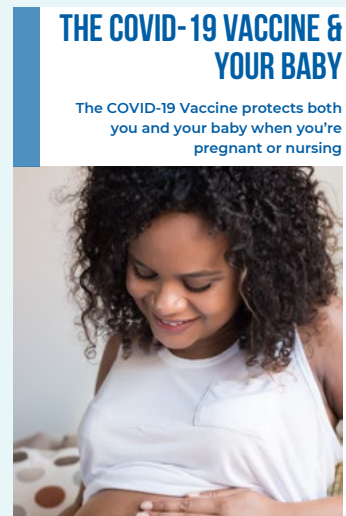
[Fast Facts COVID-19 Vaccines and Pregnancy \(wa.gov\)](#)

Pregnancy and the COVID-19 Vaccine

The Washington State Department of Health has partnered with University of Washington to create a campaign focused on increasing rates of vaccination among Pregnant People. The One Vax, Two Lives campaign has created numerous resources and social media posts aimed at increasing rates of COVID-19 vaccination among pregnant people. Check out some of their pamphlets and their communications toolkit below!



[Option 1 Trifold.pdf - Google Drive](#)
[Flier Web Version.pdf - Google Drive](#)



[Option 2 Trifold.pdf - Google Drive](#)
[Flier Web Version Option 2.pdf - Google Drive](#)



[Option 3 Trifold.pdf - Google Drive](#)
[Flier Web Version Option 3.pdf - Google Drive](#)



[Option 4 Trifold.pdf - Google Drive](#)
[Flier Web Version Option 4.pdf - Google Drive](#)

Questions? Visit: www.CovidVaccineWA.org

Pregnancy and the COVID-19 Vaccine Social Media Posts - English

The following pages contain several example social media posts that can be used to promote the COVID-19 vaccines during pregnancy. Please check out the links provided below to find more!

[Communication Toolkit for Partners_One Vax Two Lives Campaign - Google Docs](#)



ABUELA KNOWS THAT KEEPING YOUR BABY SAFE IS WHAT'S MOST IMPORTANT. DOCTORS KNOW THAT THE BEST WAY TO DO THAT IS **TO GET VACCINATED TODAY.**

To learn more visit: [OneVaxTwoLives.com](https://www.OneVaxTwoLives.com)



WHY YOU SHOULD GET YOUR COVID-19 VACCINE

PEOPLE WHO CATCH COVID-19 ARE 22 TIMES MORE LIKELY TO DIE IN PREGNANCY.

Protect your health & the health of your baby.

For more information visit: [OneVaxTwoLives.com](https://www.OneVaxTwoLives.com)



MAKE SURE YOUR HOLIDAYS ARE SAFE FOR YOUR BABY. GET THE COVID-19 VACCINE BEFORE YOU TRAVEL.

To learn more visit: [OneVaxTwoLives.com](https://www.OneVaxTwoLives.com)

Questions? Visit: www.CovidVaccineWA.org

Pregnancy and the COVID-19 Vaccine

Social Media Posts - English (CONTINUED)

[Communication Toolkit for Partners_One Vax Two Lives Campaign - Google Docs](#)



YOUR BODY AND IMMUNE SYSTEM ARE CHANGING. PREGNANT PEOPLE ARE AT A HIGHER RISK FOR SEVERE ILLNESS FROM COVID-19. GET VACCINATED, PROTECT YOUR BABY.

To learn more visit: [OneVaxTwoLives.com](https://www.OneVaxTwoLives.com)

Here's Why the COVID-19 Vaccine is Recommended During Pregnancy



22X Pregnant people are at a 22x higher risk of dying from COVID-19.

4X Pregnant people who contract COVID-19 are at a 4x higher risk of stillbirth.

For more info: [OneVaxTwoLives.com](https://www.OneVaxTwoLives.com)

Questions? Visit: www.CovidVaccineWA.org

Pregnancy and the COVID-19 Vaccine

Social Media Posts - English (CONTINUED)

[Communication Toolkit for Partners_One Vax Two Lives Campaign - Google Docs](#)



ARE YOU PREGNANT?
OR THINKING ABOUT PREGNANCY?

GET VACCINATED



PREGNANT PEOPLE WITH THE COVID-19 DISEASE HAVE A 22 TIMES HIGHER RISK OF DYING IN PREGNANCY COMPARED TO UNINFECTED PREGNANT PEOPLE.



COVID-19 CAN HURT YOUR BABY TOO.

PREGNANT PEOPLE WITH COVID-19 HAVE A 60% HIGHER RISK OF A PRETERM BIRTH, WHICH CAN BE DANGEROUS FOR THE BABY.

TO LEARN MORE VISIT: [ONEVAXTWOVIVES.COM](https://www.ONEVAXTWOVIVES.COM)

COVID-19 vaccines have not been linked to miscarriage.

While pregnant women are at higher risk of hospitalization due to COVID-19 infection, there is no evidence that the vaccines make miscarriages more likely.

[CovidVaccineWA.org](https://www.CovidVaccineWA.org)

Questions? Visit: www.CovidVaccineWA.org

Pregnancy and the COVID-19 Vaccine

Social Media Posts - English (CONTINUED)

[Questions and Answers About COVID-19 Vaccines - Vaccinate Your Family](#)



THERE'S NO EVIDENCE THAT COVID-19 VACCINES CAUSES FEMALE OR MALE INFERTILITY.

Get the Facts:
VaccinateYourFamily.org/COVID19faq



There is No Evidence that COVID-19 Vaccines Cause Female Infertility in the Short- or Long-Term

The way that COVID-19 vaccines are made makes pregnancy and other experts confident that the **vaccines are not a cause of infertility and a recent study confirmed this.**

The study showed that women who got COVID-19 vaccines were able to get pregnant at the same rates as women who did not get the vaccines.

Among the millions of people who have been vaccinated against COVID, there have been people who got the COVID-19 vaccine while pregnant and people who became pregnant after getting vaccinated. **No safety problems have been reported.**

Experts continue to closely monitor the safety of COVID-19 vaccines through the U.S. Vaccine Safety Monitoring System.

VaccinateYourFamily.org/COVID19faq



There is No Evidence that COVID-19 Vaccines Cause Male Infertility in the Short- or Long-Term

A recent study of healthy men who got the mRNA COVID-19 vaccine looked at sperm characteristics (like quantity and movement), before and after vaccination.

The study found **no significant changes in these sperm characteristics after COVID vaccination.**

In addition, while fever from illness, such as COVID illness, has been associated with short-term decreases in sperm production in healthy men, **there is no evidence that fever after COVID vaccination affects sperm production.**

Experts continue to closely monitor the safety of COVID-19 vaccines through the U.S. Vaccine Safety Monitoring System.

VaccinateYourFamily.org/COVID19faq



Questions? Visit: www.CovidVaccineWA.org

Pregnancy and the COVID-19 Vaccine

Social Media Posts - English (CONTINUED)


[Social Media Posts About Pregnancy | WECANDOTHIS.HHS.GOV](https://www.wecandothis.hhs.gov)



The CDC has released new data showing **COVID-19 vaccinations are safe for pregnant people.**



CDC recommends all people who are pregnant, breastfeeding, or people thinking about becoming pregnant get vaccinated against COVID-19.

 Find vaccines near you at [VACCINES.GOV](https://www.vaccines.gov)

**WE
CAN
DO
THIS**

If you're pregnant, you're more likely to get seriously sick or be hospitalized from COVID, **but vaccines help protect you and your baby.**



Get vaccine facts
[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

**WE
CAN
DO
THIS**

Questions? Visit: www.CovidVaccineWA.org

Pregnancy and the COVID-19 Vaccine

Social Media Posts - English (CONTINUED)

[Social Media Posts About Pregnancy | WeCanDoThis.HHS.GOV](https://www.WeCanDoThis.HHS.GOV)



Pregnant? COVID can be bad for you and your baby.



Two for one: A COVID vaccine can help protect you and your baby.



Keep your baby safe. Get vaccinated if you're pregnant.

Questions? Visit: www.CovidVaccineWA.org

Pregnancy and the COVID-19 Vaccine

Social Media Posts - English (CONTINUED)

[Toolkit for Pregnant People and New Parents \(cdc.gov\)](https://www.cdc.gov)



EVIDENCE CONTINUES TO GROW THAT VACCINES, INCLUDING COVID-19 VACCINES, DO NOT CAUSE FERTILITY PROBLEMS.



cdc.gov/coronavirus

329512-A

COVID-19 during pregnancy can make you very sick.

It can also lead to delivering your baby early and potentially other health problems for you and your baby.



cdc.gov/coronavirus

COVID-19 • February 16, 2022



Getting a COVID-19 vaccine can protect you from severe illness from COVID-19.

The evidence continues to grow showing COVID-19 vaccination before and during pregnancy is safe and effective.



cdc.gov/coronavirus

COVID-19 • February 11, 2022



There is no evidence that any vaccines, including COVID-19 vaccines, affect your ability to get pregnant.



cdc.gov/coronavirus

Questions? Visit: www.CovidVaccineWA.org

Pregnancy and the COVID-19 Vaccine

Social Media Posts - English (CONTINUED)

[Toolkit for Pregnant People and New Parents \(cdc.gov\)](https://www.cdc.gov)

If you are pregnant or breastfeeding, COVID-19 vaccination builds antibodies that might protect your baby.





 cdc.gov/coronavirus

CS21209C



CORONAVIRUS DISEASE 2019 (COVID-19)





 cdc.gov/coronavirus

CS21209C

CORONAVIRUS DISEASE 2019 (COVID-19)

It is especially important for pregnant people, and those who live with them, to protect themselves from getting COVID-19.



 cdc.gov/coronavirus

CS21209A

Questions? Visit: www.CovidVaccineWA.org

Pregnancy and the COVID-19 Vaccine Editable.PDF Postcards



CLICK LINK BELOW TO DOWNLOAD (PDF)

[English 1](#)

[Spanish 1](#)

Questions? Visit: www.CovidVaccineWA.org

Pregnancy and the COVID-19 Vaccine

Editable.PDF Postcards (CONTINUED)



Vaccinate WA
CovidVaccineWA.org

COVID-19 Vaccines:
safe and effective protection during any stage of pregnancy

logo here **Headline**
subhead

[insert text here]

Vaccinate WA
CovidVaccineWA.org

CLICK LINK BELOW TO DOWNLOAD (PDF)

[English 2](#)

[Spanish 2](#)

Questions? Visit: www.CovidVaccineWA.org

Pregnancy and the COVID-19 Vaccine



Replace box
with your
organization's
logo

Two for One—A COVID Vaccine Can Help Protect You *and* Your Baby

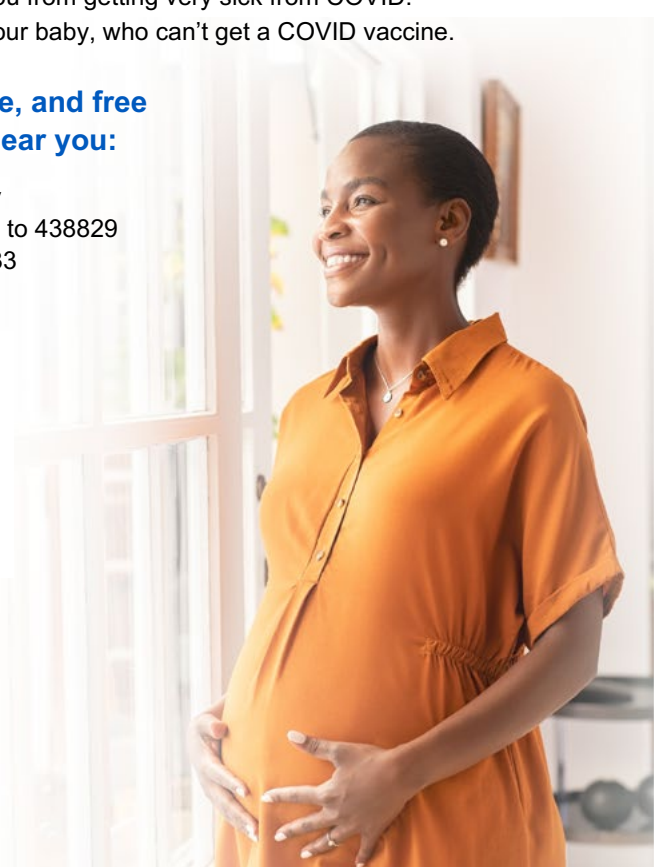
Pregnant? COVID can be bad for you and your baby.

Getting a COVID vaccine while you're pregnant and staying up to date with your vaccines:

- Can help protect you from getting very sick from COVID.
- May also protect your baby, who can't get a COVID vaccine.

Find safe, effective, and free COVID vaccines near you:

- Go to [vaccines.gov](https://www.vaccines.gov)
- Text your ZIP code to 438829
- Call 1-800-232-0233
- Scan the QR code



Content last reviewed: April 7, 2022

CLICK LINK BELOW TO DOWNLOAD (PDF)

[Two for One A COVID Vaccine Can Help Protect You and Your Baby \(hhs.gov\)](https://www.hhs.gov)

Questions? Visit: www.CovidVaccineWA.org

Pregnancy and the COVID-19 Vaccine Text Message Scripts – English & Spanish

The following message has been translated into 37 languages and is intended for use by providers and partners to effectively communicate the importance of COVID-19 vaccines. This message can be texted, emailed, or messaged through patient portals.



ENGLISH - COVID-19 vaccines are safe and recommended during pregnancy. It is important to get vaccinated and stay up to date with your COVID-19 vaccines during and after pregnancy to protect yourself and your baby. For more information or to schedule an appointment to get vaccinated, please visit [CovidVaccineWA.org](https://www.CovidVaccineWA.org) or talk to your medical provider.

SPANISH - Las vacunas contra el COVID-19 son seguras y recomendadas durante el embarazo. Es importante vacunarse y mantenerse al día con sus vacunas contra el COVID-19 durante y después del embarazo para protegerse a sí misma y a su bebé. Para obtener más información o programar una cita para vacunarse, visite [VacunateWA.org](https://www.VacunateWA.org) o hable con su proveedor médico.

Pregnancy and the COVID-19 Vaccine Text Message Scripts

AMHARIC -የ COVID-19 ክትባዳች በእርግዝና ወቅት ደህንነታቸው የተጠበቀ እና የሚመከሩ ናቸው። በእርግዝና ወቅት እና ከዚያ በኋላ ራስዎን እና ልጅዎን ለመጠበቅ መከተብዎ እና በ COVID-19 ክትባዳችዎ ላይ ወቅታዊ መሆንዎ አስፈላጊ ነው። ለበለጠ መረጃ ወይም ለመከተብ ቀጠሮ ለማስያዝ፣ እባክዎ [CovidVaccineWA.org](https://www.CovidVaccineWA.org) ን ይጎብኙ ወይም የህክምና አቅራቢዎን ያነጋግሩ።

ARABIC - تتميز اللقاحات المضادة لكوفيد 19-بأنها آمنة ويوصى بالحصول عليها أثناء الحمل. من الضروري الحصول على اللقاح والبقاء على علم بأخر مستجدات لقاحات كوفيد-19 التي حصلت عليها أثناء الحمل وبعده لحماية نفسك وطفلك. للحصول على مزيد من المعلومات أو تحديد موعد للحصول على اللقاح، تفضلي بزيارة [CovidVaccineWA.org](https://www.CovidVaccineWA.org) أو تحدّثي إلى مُقدّم الخدمة الطبية المعني بك.

Burmese - COVID-19 ကာကွယ်ဆေးများသည် ဘေးကင်းစိတ်ချရရှိ ကိုယ်ဝန်ဆောင်ချိန်အတွက်လည်း အကြံပြုထားပါသည်။ သင်ကိုယ်တိုင်နှင့် သင့်ရင်သွေးငယ်ကို ကာကွယ်ရန် ကိုယ်ဝန်ဆောင်ချိန်အတွင်းနှင့် မီးဖွားပြီးနောက် COVID -19 ကာကွယ်ဆေးများကို အချိန်နှင့်တစ်ပြေးညီ နောက်ဆုံးအဆင့်ထိ ထိုးနှံရန်မှာ အရေးကြီးပါသည်။ နောက်ထပ် သတင်းအချက်အလက်များအတွက် သို့မဟုတ် ကာကွယ်ဆေးထိုးရန်အတွက် ရက်ချိန်းယူရန် [CovidVaccineWA.org](https://www.CovidVaccineWA.org) သို့ ဝင်ကြည့်ပါ သို့မဟုတ် ဆေးဘက်ဆိုင်ရာ ဝန်ဆောင်မှုပေးသူနှင့် တိုင်ပင်ပါ။

Pregnancy and the COVID-19 Vaccine Text Message Scripts (CONTINUED)

Chukkese - Ekkewe Opposun COVID-19 pwal mwo nge chokkewe mi ü ngeni. Ewe kapas allim ese alongolong wooch nge woon Ekkewe Opposun COVID-19 a ifa ussun ach ekiek lupwen sia esilei ach poraus, me met popun. Chokkewe mi etiwa ena pworaus repwe amürinnölo manauer iei, kon ngut teeta won CovidVaccineWA.org Uf mi fichiti fansoun kunou.

CHINESE (Simplified) - COVID-19 疫苗安全可靠，建议在怀孕期间接种此类疫苗。在怀孕期间和之后，接种并保持接种最新的 COVID-19 疫苗，以此保护您自己以及宝宝的健康尤为重要。如欲了解更多信息或预约接种疫苗，请访问 CovidVaccineWA.org 或与您的医疗提供者作进一步沟通。

CHINESE (Traditional) - COVID-19 疫苗安全可靠，建議在懷孕期間接種此類疫苗。在懷孕期間和之後，接種並保持接種最新的 COVID-19 疫苗，以此保護您自己以及寶寶的健康尤為重要。如欲瞭解更多資訊或預約接種疫苗，請造訪 CovidVaccineWA.org 或與您的醫療提供者作進一步溝通。

Pregnancy and the COVID-19 Vaccine Text Message Scripts (CONTINUED)

FARSI - واکسن‌های COVID-19 ایمن هستند و تزریق آنها در دوران بارداری توصیه می‌شود. بسیار مهم است که واکسینه شوید و در طول دوران بارداری و بعد از آن وضعیت واکسیناسیون COVID-19 خود را به‌روز نگه دارید تا از خود و نوزادتان محافظت کنید. برای کسب اطلاعات بیشتر یا تعیین نوبت ملاقات برای دریافت واکسن، لطفاً به CovidVaccineWA.org رجوع کنید یا با ارائه‌دهنده خدمات پزشکی‌تان صحبت کنید.

French - Les vaccins COVID-19 sont sûrs et recommandés pendant la grossesse. Il est important de vous faire vacciner et de rester à jour de vos vaccins COVID-19 pendant et après votre grossesse pour vous protéger et protéger votre bébé. Pour en savoir plus ou pour prendre rendez-vous afin de vous faire vacciner, consultez le site CovidVaccineWA.org ou adressez-vous à votre professionnel de santé.

German - COVID-19-Impfstoffe sind sicher und werden während der Schwangerschaft empfohlen. Es ist wichtig, sich während und nach der Schwangerschaft impfen zu lassen und mit Ihren COVID-19-Impfungen auf dem Laufenden zu bleiben, um sich und Ihr Baby zu schützen. Für weitere Informationen oder um einen Impftermin zu vereinbaren, besuchen Sie bitte CovidVaccineWA.org oder wenden Sie sich an Ihren Anbieter.

Pregnancy and the COVID-19 Vaccine Text Message Scripts (CONTINUED)

HINDI - COVID-19 वैक्सीन सुरक्षित हैं और गर्भावस्था में भी सुझाई जाती हैं। गर्भावस्था के दौरान और डिलीवरी के बाद अपनी और अपने बच्चे की सुरक्षा के लिए COVID-19 वैक्सीन लगवाना और नवीनतम जानकारी से जुड़े रहना बहुत ज़रूरी है। अधिक जानकारी या टीकाकरण का अपॉइंटमेंट शेड्यूल करने के लिए, कृपया [CovidVaccineWA.org](https://www.CovidVaccineWA.org) पर जाएँ या अपने डॉक्टर से बात करें।

HMONG - Cov tshuaj tiv thaiv tus kab mob COVID-19 muaj kev nyab xeeb thiab xav kom txhaj rau sij hawm cev xeeb me nyuam. Nws tseem ceeb yuav tau txhaj tshuaj tiv thaiv kab mob thiab txhaj nraim tshuaj tiv thaiv kab mob COVID-19 kom cuag ncu nyob rau ncu sij hawm los sis tom qab lub cev xeeb me nyuam txhawm rau tiv thaiv koj tus kheej thiab koj tus me nyuam mos. Txhawm rau muab lus qhia paub ntxiv los sis teem caij txhaj tshuaj tiv thaiv kab mob, thov mus saib ntawm [CovidVaccineWA.org](https://www.CovidVaccineWA.org) los sis nrog koj tus kws pab kho mob tham.

JAPANESE - 妊娠中にCOVID-19ワクチンを接種することは安全で、推奨されています。あなたご自身と赤ちゃんを守るために、妊娠中や出産後にCOVID-19ワクチンを接種し、最新の接種状態にしておくことが大切です。詳しいことを知りたい、またはワクチン接種をするための予約を行いたい場合は、[CovidVaccineWA.org](https://www.CovidVaccineWA.org) をご覧いただくか、かかりつけ医にご相談ください。

Pregnancy and the COVID-19 Vaccine Text Message Scripts (CONTINUED)

LAO - ວັກຊີນປ້ອງກັນພະຍາດ COVID-19 ແມ່ນມີຄວາມບອດໄພ ແລະ ແນະນຳໃຫ້ນຳໃຊ້ໄດ້ໄລຍະຖືພາ. ມັນມີຄວາມສຳຄັນທີ່ຈະຕ້ອງໄດ້ຮັບການສັກ ວັກຊີນປ້ອງກັນ ແລະ ໃຫ້ສັກວັກຊີນປ້ອງກັນພະຍາດ COVID-19 ຂອງທ່ານໃຫ້ ທັນເວລາ ໃນລະຫວ່າງ ແລະ ຫຼັງການຖືພາ ເພື່ອປ້ອງກັນຕົວທ່ານເອງ ແລະ ລູກນ້ອຍຂອງທ່ານ. ສຳລັບຂໍ້ມູນເພີ່ມເຕີມ ຫຼື ການນັດໝາຍ ຮັບການສັກວັກ ຊີນປ້ອງກັນ, ກະລຸນາເຂົ້າເບິ່ງທີ່ CovidVaccineWA.org ຫຼື ປຶກສາກັບຜູ້ໃຫ້

MARSHALLESE - COVID-19 wā ko rej kōjbarok im rōjañ ñan ien bōrōro. Aurōk in bōk wā im pād ilo am bōk COVID-19 wā ko ilo ien eo im elikin bōrōro ñan kōjbarok eok māke im niñniñ eo nejim. Ñan melele ko relaplak ak ñan jūkeejul juōn ien bōk wā, jouj im lale CovidVaccineWA.org ak kōnnaan ippān jikin taktō eo am.

MIXTECO BAJO - Nda vacuna COVID-19 iyo va'a ji de kuu kuatiñu nda ñayiví ja ñu'un se'e ji. Kanuu ja kani ní vacuna maa ní de ma kua'a ní tu'un ja kumani in nda vacuna COVID-19 ní iini ñu'un se'e ní axi ichi nuu ka tágua sukua kuu koto ní maa ní ji se'e ní. Tágua ní'in ka ní tu'un axi tágua tava ní in cita ja kani vacuna, kunde'e ní nuu página CovidVaccineWA.org axi ka'an ní jín médico ní.

Pregnancy and the COVID-19 Vaccine Text Message Scripts (CONTINUED)

NEPALI- COVID-19 विरुद्धका खोपहरू सुरक्षित छन् र गर्भावस्थामा लगाउन सिफारिस गरिएको छ । गर्भावस्थाको समयमा र त्यसपछि आफ्नो र आफ्नो बच्चाको सुरक्षाका लागि COVID-19 विरुद्धका खोप लगाउनु र खोपको मात्रा पूरा गर्नु महत्वपूर्ण हुन्छ । थप जानकारीका लागि वा खोप लगाउनका लागि अपोइन्टमेन्ट निर्धारण गर्न, कृपया [CovidVaccineWA.org](https://www.CovidVaccineWA.org) मा जानुहोस् वा आफ्नो चिकित्सा प्रदायकसँग कुरा गर्नुहोस् ।

OROMO - Talaalliwwan COVID-19 miidhaa kan hin qaqqabsiifne fi yeroo ulfaa kan gorfamaniidha. Ofii keessanii fi daa'ima keessan irraa ittisuuf yeroo ulfa taatanii fi isa booda talaalii fudhachuu fi talaalliwwan COVID-19 keessan ilaalchisee odeeffannoo waqtaawaa argachuun barbaachisaadha. Odeeffannoo dabalataa argachuudhaf ykn talaalii fudhachuudhaf beellamaaf sagantaa qabsiisuf, maaloo [CovidVaccineWA.org](https://www.CovidVaccineWA.org) daawwadhaa ykn dhiyeessaa fayyaa keessan wajjiin mari'adhaa.

PUNJABI - COVID- ਨੂੰ ਨਹਿਏ ਤਅੈਹ ਤਅਖਰਿੱਸ ਾਣਉਵਗਲ ਨੀਸਕੈਵ19 ੈਹ ਾਦਕਸ ਾਜ ਆਇਵਗਲੀਵ ਨਾਰੈਦ ਾਬਸਵਅ ਭਰਗਾ ਤਅ ਨੂੰ ਪਆ ਾਣਪਆ ੋਤ ਸਉ ਤਅ ਨਾਰੈਦ ਾਬਸਵਅ ਭਰਗਾ ,ਈਲ ਾਖਰੱ ਤਅਖਰਿੱਸ ਨੂੰ ਚਬੋ ਾਣਪਆ ਰਸਮਿਸੇ ਤਅ ਾਣਉਵਗਲ ਨੀਸਕੈਵ ਦਆਬCOVID- ਰਹੀਦ ਨੀਸਕੈਵ19 ੈਹੀਰੂਰਜ ਤੁਹਬ ਾਨਰਕ ਤਪਾਪੂ ਕਾਰੁਖ। ਨੀਸਕੈਵ ਾਜ ਈਲੀਰਾਕਣਾਜੀਰੇਧਵ ਾਪਰਕਾ ,ਈਲ ਾਲੈ ਟੈਮਟਇੰਪਅੀਦ ਾਣਉਵਗਲ ਲਾਨ ਾਤਾਦਪੂ ਲਕੀਡੈਮੋ ਾਣਪਆ ਾਜ ਓਜੋਤ' [CovidVaccineWA.org](https://www.CovidVaccineWA.org) ੋਕਰਕ ੋਰਕ ਕਰਪਸੀ।

Pregnancy and the COVID-19 Vaccine Text Message Scripts (CONTINUED)

PAHSTO - COVID-19 واکسینونه خوندي دي او د امېندواری پر مهال یې سپارښتنه کېږي. د خپل ځان او ماشوم د خوندي ساتلو لپاره دا اړینه ده چې د امېندواری پر مهال او له امېندواری وروسته COVID-19 واکسین وکړئ او معلومات یې ولری. د نورو معلوماتو یا د واکسینو کولو د لیدژمنې تنظیمولو لپاره مهرباني وکړئ CovidVaccineWA.org وگورئ یا مو له طبي تامین یا جمته کونکي سره خبرې وکړئ.

PORTUGUESE - As vacinas contra a COVID-19 são seguras e recomendadas durante a gravidez. É importante se vacinar contra a COVID-19 e manter as suas doses em dia durante e após a gravidez para que você e o bebê fiquem protegidos. Para obter mais informações ou fazer um agendamento para se vacinar, acesse CovidVaccineWA.org ou fale com o seu provedor de assistência médica.

ROMANIAN - Vaccinurile anti-COVID-19 sunt sigure și recomandate pe durata sarcinii. Este important să vă vaccinați și să fiți la zi cu vaccinurile anti-COVID-19 pe durata sarcinii și după aceasta, pentru protecția dvs. și a bebelușului. Pentru mai multe informații sau pentru a vă programa pentru vaccin, accesați CovidVaccineWA.org sau contactați furnizorul de servicii medicale.

Pregnancy and the COVID-19 Vaccine Text Message Scripts (CONTINUED)

RUSSIAN - Вакцины от COVID-19 безопасны и рекомендованы во время беременности. Важно вакцинироваться и своевременно получать бустерные дозы вакцины против COVID-19 во время и после беременности, чтобы защитить себя и своего ребенка. Узнать больше или записаться на вакцинацию можно, посетив сайт CovidVaccineWA.org или пообщавшись со своим врачом.

SAMOAN - O tui puipui o le COVID-19 e saogalemu ma fautuaina mo le taimi o ma'itaga. E taua le faia uma o tui puipui o le COVID-19 ma fa'afou a'o ma'itaga ma pe a fanau foi ina ia puipuia ai oe ma lau pepe. Mo nisi fa'amatalaga poo le faia o se aso fa'atulagaina mo tui puipui, fa'amolemole asiasi i le CovidVaccineWA.org poo le talanoa i lau foma'i.

SOMALI - Tallaalada COVID-19 waa kuwo badbaado ah waxaana lagu taliyey in la qaato xilliga uurka. Waxaa muhiim ah inaad qaadato tallaalka oo aadna la socoto tallaaladaada COVID-19 ee uurka kahor iyo kadib si aad u ilaaliso naftaada iyo tan canugaadaba. Si aad u hesho macluumaad dheeraad ah ama aad uqabsato ballan aad tallaalka kusoo qaadato, fadlan booqo CovidVaccineWA.org ama la hadal dhakhtarkaaga.

SWAHILI - Chanjo za COVID-19 ni salama na zinapendekezwa kwa wajawazito. Ni muhimu sana kuchanjwa na kuhakikisha kuwa una chanjo ya hivi karibuni ya COVID-19 wakati wa ujauzito na baada ya kujifungua ili kujilinda wewe na mtoto wako. Kwa maelezo zaidi au kuweka miadi ya kupata chanjo, tafadhali tembelea CovidVaccineWA.org au zungumza na mtoa huduma wa afya.

Questions? Visit: www.CovidVaccineWA.org

Pregnancy and the COVID-19 Vaccine Text Message Scripts (CONTINUED)

TAMIL- கர்ப்பகாலத்தில் COVID-19 தடுப்பூசிகள் செலுத்திக்கொள்வது பாதுகாப்பானவை மேலும் அவை பரிந்துரைக்கப்படுகின்றன. உங்களையும் உங்கள் குழந்தையையும் பாதுகாக்க கர்ப்ப காலத்திலும் அதற்குப் பின்னரும் தடுப்பூசி போட்டுக்கொள்வது மற்றும் உங்கள் COVID-19 தடுப்பூசிகளைப் பற்றி புதுப்பித்த நிலையில் இருப்பது முக்கியமானதாகும். மேலும் தகவல்களுக்கு அல்லது தடுப்பூசி செலுத்திக் கொள்வதற்கான முன்பதிவைத் திட்டமிட, CovidVaccineWA.org ஐப் பார்க்கவும் அல்லது உங்கள் மருத்துவ வழங்குநரிடம் பேசவும்.

TELAGU - COVID-19 వ్యాక్సిన్లు సురక్షితమైనవి మరియు గర్భధారణ సమయంలోనూ సిఫార్సు చేయబడ్డాయి. మీమ్మల్ని మరియు మీ బిడ్డను రక్షించుకోవడానికి వ్యాక్సిన్ వేసుకోవడం, గర్భధారణ సమయంలో మరియు ఆ తర్వాత మీ COVID-19 వ్యాక్సిన్ల గురించి ఎప్పటికప్పుడు తెలుసుకోవడం చాలా ముఖ్యం. మరింత సమాచారం కోసం లేదా వ్యాక్సిన్ తీసుకోవడానికి అపాయింట్మెంట్ షెడ్యూల్ చేయడం కోసం, దయచేసి CovidVaccineWA.org ని సందర్శించండి లేదా మీ వైద్య ప్రదాతతో మాట్లాడండి.

Pregnancy and the COVID-19 Vaccine Text Message Scripts (CONTINUED)

THAI - วัคซีนป้องกัน COVID-19 มีความปลอดภัยและสามารถฉีดให้กับผู้ที่กำลังตั้งครรภ์ได้ คุณควรฉีดวัคซีนป้องกัน COVID-19 ให้ครบถ้วนตามเวลาที่เหมาะสมทั้งระหว่างและหลังการตั้งครรภ์ เพื่อปกป้องตัวเองและลูกน้อยของคุณ หากต้องการข้อมูลเพิ่มเติมหรือจองวันเวลาเพื่อรับการฉีดวัคซีน โปรดไปที่ CovidVaccineWA.org หรือติดต่อผู้ให้บริการทางการแพทย์ของคุณ

TIGRINYA - ክታብታት COVID-19 ወሑሳትን ኣብ እዋን ጥንሲ ዝምከሩን እዮም። ኣብ እዋን ጥንሲን ድሕሪ ጥንሲን ንባዕሎምን ንውላዶምን ንምክልኻል ክታብታ ምውሳድን ብዛዕባ ክታብታ COVID-19 እዋናዊ ሓበሬታ ምሓዝን ኣገዳሲ እዩ። ንዝበለፀ ሓበሬታ ወይ ንክታብታ ቆፀሮ ንምሓዝ፣ በይዘኣም ን CovidVaccineWA.org ይብፀኩ ወይ ንመቅረቢ ሕክምናኣም የዛርቡ።

TAGALOG - Ligtas at inirerekomenda ang mga bakuna sa COVID-19 sa panahon ng pagbubuntis. Mahalagang mabakunahan at manatiling updated sa mga bakuna sa COVID-19 sa panahon at pagkatapos ng pagbubuntis upang maprotektahan ka at ang iyong sanggol. Para sa higit pang impormasyon o upang mag-schedule ng appointment sa pagpapabakuna, mangyaring puntahan ang CovidVaccineWA.org o kausapin ang iyong provider ng medikal na serbisyo.

Pregnancy and the COVID-19 Vaccine Text Message Scripts (CONTINUED)

UKRAINIAN - Вакцини від COVID-19 є безпечними й рекомендованими для вагітних. Важливо вакцинуватися та своєчасно отримувати бустерні дози вакцини від COVID-19 під час і після вагітності, щоб захистити себе та своє немовля. Щоб отримати більше інформації або записатися на вакцинацію, відвідайте сайт CovidVaccineWA.org або поспілкуйтеся зі своїм лікарем.

URDU - کووڈ-19 کی ویکسینز حمل کے دوران محفوظ ہیں اور ان کی تجویز دی جاتی ہیں۔ اپنے آپ کو اور اپنے بچے کو محفوظ رکھنے کے لیے حمل کے دوران اور حمل کے بعد کووڈ-19 ویکسین لگوانا اور اپ ٹو ڈیٹ رہنا اہم ہے۔ مزید معلومات کے لیے یا ویکسین لگوانے کی غرض سے اپوائنٹمنٹ لینے کے لیے، براہ کرم CovidVaccineWA.org پر جائیں یا اپنے طبی فراہم کنندہ سے بات کریں۔

VIETNAMESE - vắc-xin COVID-19 là an toàn và được khuyến nghị sử dụng trong thời kỳ mang thai. Điều quan trọng là phải nhận vắc-xin ngừa COVID-19 đúng hạn trong và sau khi mang thai để bảo vệ chính quý vị và con nhỏ của quý vị. Để biết thêm thông tin chi tiết hoặc đặt lịch nhận vắc-xin, vui lòng truy cập CovidVaccineWA.org hoặc trao đổi với nhà cung cấp dịch vụ y tế của quý vị.

Pregnancy and the COVID-19 Vaccine – Informational Blog Posts



Blog post(s) on COVID-19 Vaccines and Pregnancy

[Can the COVID-19 Vaccine Impact Fertility?](#)

[Should You Get the COVID-19 Vaccine While You Are Pregnant or Breastfeeding?](#)

[COVID-19 Vaccine and Nursing Your Baby – What You Should Know](#)

[COVID-19 Vaccines and Pregnancy – What Prospective and New Parents Need to Know](#)

[Breastfeeding During the COVID-19 Pandemic](#)

[Parent FAQs During Pregnancy](#)

Questions? Visit: www.CovidVaccineWA.org

Pregnancy and the COVID-19 Vaccine – Informational Blog Posts



Videos with information on COVID-19 Vaccines and Pregnancy

[Q&A on Vaccines During Pregnancy with Dr. Laura Riley \(June 23, 2021\)](#)

[The COVID-19 Vaccine and Pregnancy | Duke Health](#)

[WHO's Science in 5, COVID-19: Vaccines, Pregnancy, Menstruation, Breastfeeding, Fertility - 4June21](#)

[COVID-19 Vaccines, Fertility and Pregnancy - What You Need to Know from Medical Experts](#)

[Fertility and COVID-19 Vaccines](#)

[One Vax, Two Lives: Making the Case for Vaccination on Social Media](#)

Pregnancy and the COVID-19 Vaccine

Resources

[COVID-19 Vaccines While Pregnant or Breastfeeding \(cdc.gov\)](#)

[Vaccine Pregnancy Registry | CDC](#)

[COVID-19 Vaccines for People Who Would Like to Have a Baby | CDC](#)

[Pregnant and Recently Pregnant People | CDC](#)

[Pregnancy and the COVID-19 Vaccine | ACOG](#)

[COVID-19 Vaccines and Pregnancy: Conversation Guide for Clinicians | ACOG](#)

[COVID-19 Vaccination Considerations for Obstetric-Gynecologic Care | ACOG](#)

[COVID-19 Vaccination During Pregnancy Likely Benefits Moms and Babies | NIH COVID-19 Research](#)

[The COVID-19 Vaccine and Pregnancy: What You Need to Know | Johns Hopkins Medicine](#)

[Questions and Answers: COVID-19 Vaccines and Pregnancy \(who.int\)](#)

[Questions and Answers About COVID-19 Vaccines - Vaccinate Your Family](#)

[Information about COVID-19 Vaccine | Voices For Vaccines](#)

[One Vax Two Lives](#)

[Communication Toolkit for Partners One Vax Two Lives Campaign - Google Docs](#)

[Power of Providers \(POP\) Initiative | Washington State Department of Health](#)

[Social Media Posts About Pregnancy | WeCanDoThis.HHS.GOV](#)

Questions? Visit: www.CovidVaccineWA.org

